How to use Lemon Myrtle Essential Oil, Lemon Myrtle Soothing Balm and Lemon Myrtle Self-foaming Soap for Molluscum

This is not intended to be a medical instruction but it is information collected from customers who have successfully used this remedy.

Lemon Myrtle essential oil is potentially a skin irritant at 100% strength, so it's best to dilute to 5-10% in a pure vegetable oil (olive, sunflower etc) before applying topically on the affected area with cotton buds or q-tips directly onto the lesions, minimising contact with non-affected skin. Avoid contact with sensitive skin tissue, eyes, lips etc!

Start with 5-10% dilution (ie 1 drop Lemon Myrtle Essential Oil to 10-20 drops olive oil). If necessary, build up to 50% very very carefully, but go back to a lower concentration if skin becomes over irritated (red and dry). 
*Note: for other general non-molluscum use like massage, always use less than 1% strength, ie, 1 drop lemon myrtle essential oil to 100-200 drops vegetable oil (olive, sunflower, etc)*

Apply 2-3 times per day for best results.

If the skin gets irritated, give it a break and apply the Lemon Myrtle Soothing Balm instead, until irritation is gone. Resume applying the diluted Lemon Myrtle Essential Oil. Once the molluscum lesions are gone, you can apply the Lemon Myrtle Soothing Balm as a soothing preventative and healer.

Wash affected areas with the Lemon Myrtle Self-foaming Liquid Soap to minimise spreading of lesions.

All the best, and please email us at info@lemonmyrtleessentials.com to let us know of your progress!

Visit [http://www.lemonmyrtleessentials.com/molluscum.htm](http://www.lemonmyrtleessentials.com/molluscum.htm) to read others’ testimonials, and hopefully we can add yours soon too!

Furthermore, you can discuss with other customers how they used the product [http://www.facebook.com/lemonmyrtle](http://www.facebook.com/lemonmyrtle)